-8th Lunch

TEMBER 2023

SERVED DAILY

FRESH WHOLE FRUIT & CHILLED FRUIT 1% WHITE OR FAT FREE FLAVORED MILK

Lunch Meal Prices: STUDENT: ADULT: FREE \$4.75

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TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 29	August 30	August 31	September 1
SPAGHETTI W/ MEATSAUCE Garlic Breadstick, Italian Zucchini, Glazed Carrots	TURKEY ROAST Mashed Potatoes Peas & Carrots, Rolls	CRISPY BEEF TACO STICK Crema Sauce, Charro Beans Cucumber Tomato Salad	CHICKEN OUESADILLA Steamed Broccoli Mini Buttered Carrots
5	6	7	8
CORN DOG Tator Tots	BEEF TIPS over BROWN RICE	CHICKEN FAJITA TACOS	BEEFY MAC & CHEESE
Seasoned Green Beans	Southern Style Green Beans Steamed Broccoli	Street Corn Charro Beans, Crema Sauce	Texas Toast, Corn on the Cob, Peas & Carrots
12	13	14	15
CHICKEN PARMESAN Garlic Breadstick Italian Roasted Vergetables	CHICKEN NOODLE CASSEROLE Steamed Broccoli Garlic Herb Carrots, Roll	Seasoned Corn Charro Beans	STUFFED CHEESY BREAD Marinara Sauce Curly Fries, Mixed Vegetables
	TUESDAY August 29 SPAGHETTI W/ MEATSAUCE Garlic Breadstick, Italian Zucchini, Glazed Carrots 5 CORN DOG Tator Tots Seasoned Green Beans 12 CHICKEN PARMESAN	TUESDAY August 29 SPAGHETTI W/ MEATSAUCE Garlic Breadstick, Italian Zucchini, Glazed Carrots Mashed Potatoes Peas & Carrots, Rolls 6 CORN DOG Tator Tots Seasoned Green Beans BEEF TIPS over BROWN RICE Southern Style Green Beans Steamed Broccoli 12 CHICKEN PARMESAN Garlic Breadstick CASSEROLE Steamed Broccoli	TUESDAY August 29 August 30 SPAGHETTI W/ MEATSAUCE Garlic Breadstick, Italian Zucchini, Glazed Carrots Mashed Potatoes Peas & Carrots, Rolls Crispy BEEF TACO STICK Crema Sauce, Charro Beans Cucumber Tomato Salad Tator Tots Seasoned Green Beans Steamed Broccoli BEEF TIPS over BROWN RICE Southern Style Green Beans Steamed Broccoli 12 13 CHICKEN PARMESAN Garlic Breadstick CHICKEN NOODLE Steamed Broccoli Steamed Broccoli Steamed Broccoli Steamed Broccoli Steamed Broccoli Steamed Broccoli Charro Beans Charro Beans Seasoned Corn Charro Beans Charro Beans Charro Beans Seasoned Corn Charro Beans

18 SALISBURY STEAK

Roll. Garlic Mashed Potatoes Seasoned Green Beans **Brown Gravy**

PEPPERONI PASTA BAKE

19

Breadstick, French Fries, Garden Side Salad

26

CHICKEN SPAGHETTI

Steamed Broccoli Seasoned Corn

20

Shredded Cheddar Cheese Charro Beans, Lettuce & Tomato

21

SOFT TACOS

SHREDDED CHICKEN **LEMON PEPPER**

CHICKEN Steamed Broccoli Mini Buttered Carrots

22

25 **HOT WINGS**

Rolls, French Fries Celery & Carrot Sticks Ranch

SPAGHETTI W/ **MEATSAUCE**

Garlic Breadstick, Italian Zucchini, Glazed Carrots

27 TURKEY ROAST

> Mashed Potatoes Peas & Carrots, Rolls

CRISPY BEEF TACO STICK

28

Crema Sauce, Charro Beans Cucumber Tomato Salad

CHICKEN OUESADILLA

29

Steamed Broccoli Mini Buttered Carrots

MENU IS SUBJECT TO CHANGE

Weekly Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
COUNTRY BASKET	Chicken Tenders w/ Texas Toast & Gravy	Steak Fingers w/ Texas Toast & Gravy	Boneless Wings w/Texas Toast & BBQ Sauce	Chicken Tender w/ Texas Toast & Gravy	Boneless Wings w/Texas Toast & BBQ Sauce
GRILL	Hot & Spicy Chicken Sandwich Hamburger	Cheeseburger Crispy Chicken Sandwich	Hot & Spicy Chicken Sandwich Hamburger	Cheeseburger Crispy Chicken Sandwich	Hot & Spicy Chicken Sandwich Hamburger
PIZZA	Pepperoni & Cheese Buffalo Chicken	Pepperoni & Cheese Pepperoni Jalapeno	Pepperoni & Cheese BBO Pulled Pork	Pepperoni & Cheese Pepperoni Sausage	Pepperoni & Cheese Supreme
SALADS	<u>Popcorn Chicken</u> <u>Salad</u>	<u>Chicken Bacon</u> <u>Ranch Salad</u>	Crispy Chicken Chef Salad	Shredded Chicken Cobb Salad	<u>Ham</u> Chef Salad
SPECIALTY	NACHO BAR Beef Taco Meat or Chicken Rice, Beans, Queso, Lettuce, Pico de Gallo, Sour Cream, Salsa	Sweet & Sour Chicken Fried Rice Fresh Stir Fry-Vegetables Fortune Cookie	FRITO PIE BAR Beef Taco Meat or Chicken Rice, Beans, Queso, Lettuce, Pico de Gallo, Onions, Sour Cream, Salsa	Orange Chicken Fried Rice Fresh Stir Fry-Vegetables Fortune Cookie	Honey Sriracha Chicken Fried Rice Fresh Stir Fry-Vegetables Fortune Cookie

All Students Receive FREE Breakfast and Lunch



